

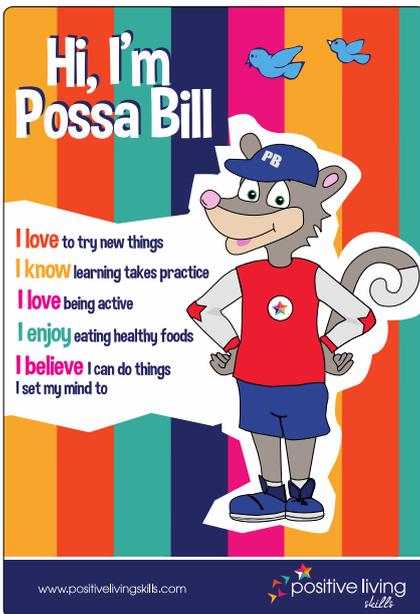
School communities are struggling with violence bullying anxiety depression and more. Educators and teachers are more stressed than ever, curriculums are packed, and families are wondering how to support their kids and themselves to be balanced and fulfilled in life. Primary Schools and Early Learning Centres are the focal points of our communities, and we all want to live and have our children learn in safe supportive and inclusive environments. Once young people reach high school it can be very challenging to treat or reverse the effects of poor self-esteem, and developed problems are incredibly challenging to turn around.

A 'whole of community' approach is needed.

If you are a teacher, a Wellbeing Coordinator, School Counsellor, School Principal or Early Learning Centre Director, Owner or Teacher then you need to know how to take a proactive and collaborative approach to embed a culture of Wellbeing throughout your School or Centre community to help change the current and worsening statistics.

Positive Living Skills is a social impact organisation focused on supporting Early Learning Centres and Primary Schools to lead a culture of mental wellbeing in their communities through a suite of programs resources and services that support children, teachers and families. The initiative includes:

- ✓ The Positive Living Skills Early Childhood Wellbeing Program
- ✓ The Positive Living Skills Primary School Wellbeing Program
 - ✓ Educator Professional Development
 - ✓ The PLS online family portal 'The Family Link'



What educators and parents are saying:

'There was a gap there, a need for us to find a program that would help us support the children and the families in our community. The program helps children to acknowledge their feelings, to communicate, to relax, to get along with others, and Possa Bill and his mottos have taught us a lot about the sort of people we want to be.' Rebecca Cragg, Director, Logan Reserve, Qld; *'We have been able to implement Possa Bill into our own family life including with my youngest who is yet to attend School. If the kids are upset or can't do something we always ask, 'What would Possa Bill do?'* Nicole Norris, parent, Crestmead, Qld; *love the program. To be able to assist a child, a family, with mental health, and if I can impact kids from such a young age, I'm more than happy. That's my main goal.'* Fotini Tsilinikos, Director, San Souci NSW; *'It's very easy, it's very practical, we have all the guidelines in the booklets',* Educator, Sydney, NSW. We're receiving a lot of good feedback from families, about the children recognizing and identifying things that they may not have identified before or even been vocal about, like their feelings and emotions', Maria, Director, Sydney NSW



Visit www.positivelivingskills.com NOW, download an information pack, watch some of our videos, attend an information session or request a DEMO, or email us at team@positivelivingskills.com or call 02 8404 4144